



British Porphyria Association

136 Devonshire Rd
Durham City
County Durham
DH1 2BL
Charity No: 1089609
www.porphyrria.org.uk

University Hospital of Wales, Cardiff

Directions

Saturday, 7 June 2014, 10.00 – 16.00

The above meeting will be held in the CMC Sports and Social Club, Cardiff Medical Centre, University Hospital of Wales, Heath Park Way, Cardiff, South Glamorgan CF14 4XW.

By car

From the East

- Leave M4 motorway at Junction 29 and take A48 (M) (Eastern Avenue).
- Stay on this road for approximately 5½ miles.
- The Hospital will become visible on the right and visitors should leave Eastern Avenue along an exit slip road leading up to the hospital site and multi-storey car park.
- Park in the multi-storey car park.

From the West/North

- Leave M4 at Junction 32 travelling along the dual carriageway (Northern Avenue / Manor Way) for a distance of approximately 2 miles.
- Follow the signs indicating the University Hospital of Wales, and enter the site via Rhydhelig Avenue.
- Alternatively, visitors may proceed to the Gabalfa Interchange following the signs to Newport and M4 East, exiting via the slip-road leading directly onto the hospital site.

Car parking: multi-storey car park 9 – level 3 – marked on the map with an X in a purple box

- Take a ticket from the entry machine to gain access to multi-storey car park 9.
- Park on Level 3 only.
- Make your way to the Parking Shop Office on the ground floor before coming to the Open Day.
- Give code **VP196** to the officer at the desk.
- The officer will take the ticket that you acquired at the entry barrier and swap it for a £3.00 staff ticket.
- Please bring a printed copy of the e-mail as proof of concession.

Attendees must come to the Parking Shop FIRST (within the multi-story car park) quoting the module number (VP196), issued to them by the authorizing officer in order to obtain a reduced ticket at £3.00.

If this procedure is not followed full visitor rates will apply. *All parking is subject to availability*



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Finding the Sports and Social Club

- From level 3 of the car park, follow the purple arrows on the map to the Sports and Social Club

On the day, there will be BPA signposts to help direct you!

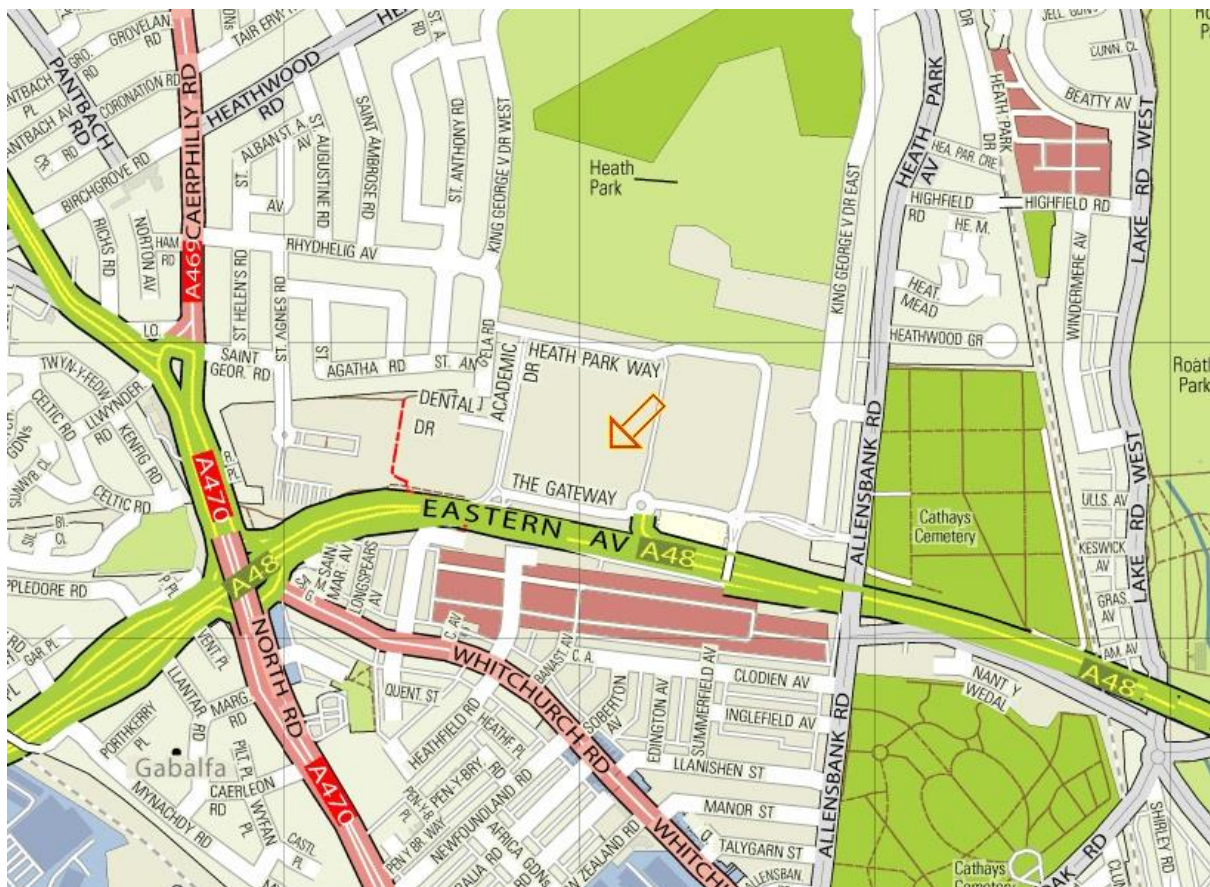
Public transport

Visitors travelling by bus or train will arrive at Cardiff Central Station. The distance between the station and the Hospital is approximately 2½ miles. There is a regular Cardiff Bus service – Numbers 38 and 39 (most direct service) and No 51, Stagecoach A and B Service. The journey should last approximately 20 minutes.

A journey from the station by taxi should take approximately 10 minutes.

The hospital is located here:

<http://streetmap.co.uk/map.srf?x=317551&y=179319&z=0&sv=CF14+4XW&st=2&pc=CF14+4XW&mapp=map.srf&searchp=ids.srf>



A map of the hospital, multi-storey car parks and the Sports and Social Club, is provided on the following page.



Multi-Story Car Park 9: Park on Level 3
Follow the arrows to the Sports and Social Club

