

**Skin Rash or Unexplained
Symptoms - Could it be**

Light Sensitivity?



Rash, blisters or scarring on light-exposed sites e.g. face, neck, ears, back of hands and outer forearms.
No rash on naturally shadowed areas e.g., under chin, upper eyelids, behind ears and a cut off line with clothing/footwear

1



Easy sun burning or abnormal freckling in a child

2



Pain (even without any rash) / immediate symptoms following exposure to light*

3



Skin pain +/- rash can occur with light exposure all year, through clothes, through windows and with indoor lights

4



Symptoms and/or rash on sun-exposed skin can be caused by some drugs and supplements e.g. St John's Wort or Doxycycline

5

*Other symptoms such as fatigue, headache or irritable eyes may rarely accompany light sensitivity - but these symptoms do not occur in the majority of light sensitivity conditions and are more usually due to other causes